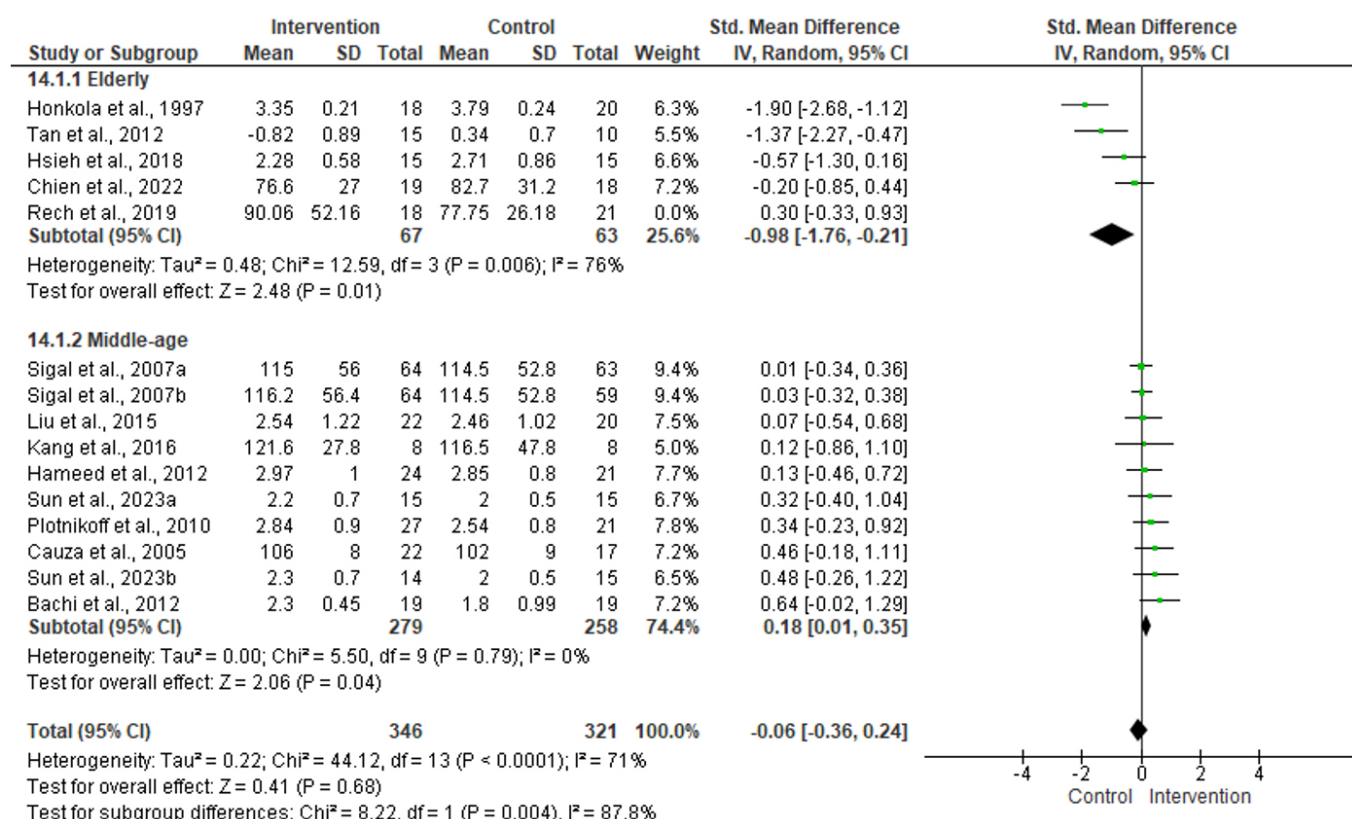


**Figure S6.** Effect of resistance training on low-density lipoprotein.

SD, standard deviation; IV, inverse variance; CI, confidence interval; df, degrees of freedom.