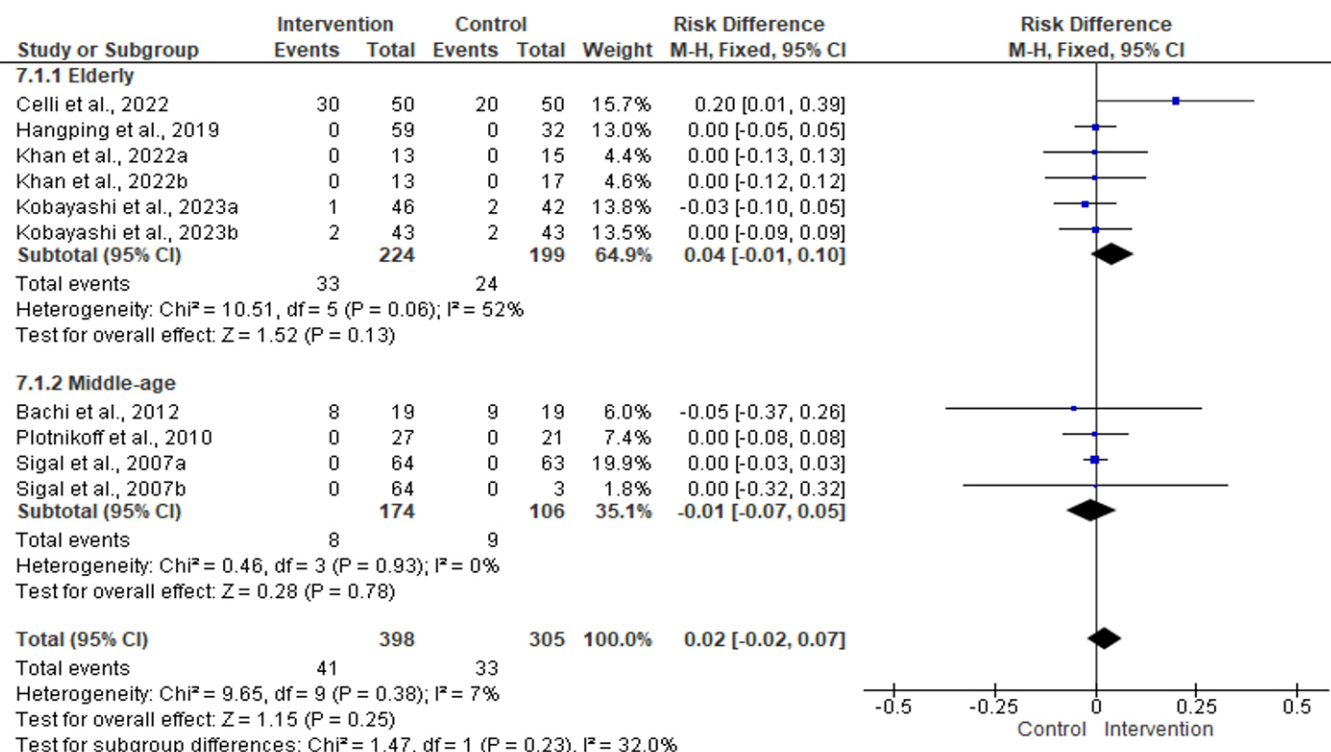


**Figure S8.** Effect of resistance training on serious events.

M-H, Mantel-Haenszel; CI, confidence interval; df, degrees of freedom.